

Calendar OF EVENTS

JULY

20-21 Healthy Lifestyles Expo,
first floor lobby
20-24 Tales of the Cocktails,
talesofthecocktail.com
28-30 Grand Isle Tarpon Rodeo,
oldest fishing rodeo in North America
29-30 Feliciana Hummingbird
Celebration, St. Francisville

AUGUST

4-7 Lagniappe Classic Dog Show,
Pontchartrain Center, Kenner
4-7 Satchmo Summerfest Music
Festival, Old U.S.Mint
6 White Linen Night,
CAC & Warehouse Arts District
13 Dirty Linen Night
13 Red Dress Run
13-14 – NOLA Hot Sauce
& Gourmet Food Show
27 – Krewe of Oak Mid-Summer
Mardi Gras Parade, Oak St.

SEPTEMBER

1-5 Louisiana Shrimp &
Petroleum Festival, Morgan City
2-5 Southern Decadence Festival,
French Quarter
5 Labor Day
9-11 New Orleans Seafood Festival,
Lafayette Square
15-17 Ponderosa Stomp Music Festival,
the Howlin Wolf
15-17 New Orleans Burlesque Festival,
Harrah's & House of Blues
22 Salute to the Arts, first floor lobby
25 Oktoberfest begins
at Deutsches Haus

PLACE ST. CHARLES RETAIL MERCHANTS & BALCONY CAFÉS

AT&T Mobility	581-2900
caféZizzi	529-5788
Classic Shoe Shine	427-5829
The Clip Joint	522-9258
George Bass	582-1180
Hotsy's	473-4904
JP Morgan Chase	623-8413
Koboshi	412-8003
Lee's Dynasty	258-7975
New Orleans Cigar Co.	524-9631
Papa's Pizza	812-2527
Pierre's Jewelry Designs	525-8633
Purple Cactus (The)	595-8887
Rick's Grille	595-8887
S & K Gifts	582-1194
St. Charles Noodle	287-8546
State Farm	522-9560
Steve's Diner	522-8198
Sir Gyro	250-2171
Stella Jones Gallery	568-9050
Tailor's Cleaners	528-7141
Terrazu	287-0877
Top Line Hair & Nails	588-2622
UPS Store	523-3293
KKND, WDVW, WMTI, KMEZ	581-7002

BUILDING SERVICES

201 Place St. Charles, Corp.	524-4444
Suite 1500	

LEASING INFORMATION

Bennett Davis	582-1416
Suite 1500	

CONCIERGE SERVICES

Tina Mosley	582-1145
14th Floor	

Place St. Charles

PLACE ST. CHARLES RETAIL MERCHANTS & BALCONY CAFÉS

Chris Nolan, CLU, CPCU



522-9560 • 2nd Floor

JPMorganChase



1st Floor

**KOBOSHI
RESTAURANT**

Sushi & Hibachi

MONDAY THROUGH FRIDAY
11AM - 2PM

412-8003 • 2nd Floor

UPS

Packaging & Shipping

Monday - Friday 9am-5pm

523-3293

1st Floor

S & K Gifts

Cards, Balloons & Gifts
Panty-hose, Drinks, Fruit Juice,
Fresh Fruit, Candy, Lottery Tickets

582-1194

7 a.m.–5:30 p.m., Mon.–Fri.

2nd Floor

terrazu

monday - friday
6:45am-5pm

good coffee & delicious food
catering & delivery
perfect meeting location

287-0877 • 1st Floor

caféZizzi

LUNCH Mon–Fri
10:45am til 3:30pm

Lettuce & Tortilla wraps
Zalads & Quezedillas
Stuffed Zweet Potatoes

TO ZIP IN & ZIP OUT
529-5788 or cafezizzi@gmail.com
Catering available

**ST CHARLES
NOODLE**

Noodle dishes, salads, soups, and
noodle-less dishes featuring lemon
grass beef, grilled pork, grilled chicken
and grilled shrimp...
all with the freshest ingredients.

473-8049 • 2nd Floor



at&t

581-2900 • 1st Floor

**New Orleans
Cigar Company**

Wall to Wall
Premium Cigars

524-9631
1-800-695-7405

1st Floor

TRUE-OLDIE CHANNEL
106.1 New Orleans

Oldies 106.7
Oldies, Soul, R&B, Soul

MIX 92.3
R&B, Soul, R&B, Soul

POWER 102.9
R&B, Soul, R&B, Soul



Steve's
DINER

GOOD FOOD – NICE PRICE

522-8198 • 2nd Floor

**PURPLE
CACTUS**

TEX MEX TASTE EXPLOSION
AND CUBAN SPECIALTIES

11 - 2:30 (MON-FRI)
595-8887

2nd Floor

GEORGE BASS

GENTLEMEN'S
CLOTHING

582-1180

1st Floor

**Rick's
Grille**

GRILLED MEALS TO ORDER
SEAFOOD SPECIALTIES

595-8887

2nd Floor

**SIR
GYRO**

Mediterranean
AT ITS BEST!

250-2171 • 2nd Floor

**CLASSIC
SHOE SHINE**

by Tuula

Your shoes will
look like new again!

427-5829 • 1st Floor

**Tailor's
CLEANERS**

Monday - Friday from
7:30am-5:30pm

Ask about free pick-up
& delivery within building

528-7141 • 1st Floor

TOPLINE

Hair & Nails

588-2622 • 1st Floor

**Lee's
Dynasty**

Monday – Friday
Combo Meals Start at \$6.25

2nd Floor

Papa's Pizza

Enjoy a Delicious Slice
Today or try our Hot
Lunch Specials!

582-1182 • 2nd Floor



**THE
ClipJoint**

Same great cut.
Same great service.

Monday-Friday
9am-6pm

522-9258 • 1st Floor

HOTSY's

Charbroiled Steak Burgers
Stuffed Potatoes
Grilled Chicken

Monday thru Friday

473-4904 • 2nd Floor

Pierre's
FOR DIAMONDS

EST. 1979

DIAMOND ENGAGEMENT RINGS
FINE DIAMOND & GEM STONE JEWELRY
EXPERT JEWELRY & WATCH REPAIR

525-8633 • 1st Floor

www.placestcharles.com

In Place

www.placestcharles.com

201 ST. CHARLES AVE

SUMMER 2011

Find A *Healthier* YOU at Place St. Charles'

11th ANNUAL Healthy lifestyle EXPO

WED, JULY 20 & THURS, JULY 21 • 10AM TO 2PM

Place St. Charles 11th Annual FREE Healthy Lifestyle Expo is **WEDNESDAY, JULY 20 & THURSDAY, JULY 21** from 10am to 2pm around the fountain on the first floor. Take time out of your busy schedule to remember you. A few minutes of your day can produce long lasting effects on your physical fitness, mental health, and relationships.

Place St. Charles management, in an ongoing commitment to improving the overall health and fitness of its' tenants and the community at large, invites you to take advantage of this wonderful opportunity to take just a few minutes and get the tools needed to achieve your health goals. Whether your aim is to lose weight, quit smoking, reduce stress, feel better, eat well or just look great – Place St. Charles Healthy Lifestyle Expo provides the testing and resources that will set you up for success!

Services at the Expo will include:

- Cholesterol, blood pressure and glucose screenings
- Nurses available for consultation and to set appointments
- Nutrition and vitamin consultation
- The benefits of chiropractic care
- Anti-aging and skin cancer analysis

Participants in the Expo include:

Ochsner Health System is everywhere you are! Ochsner Health System will provide several free screenings including a finger prick blood test to determine total cholesterol and glucose; and a body fat analysis and blood pressure test. Each

patient's test results will be individually reviewed with follow up recommendations offered. Ochsner Health Center-New Orleans on St. Charles Avenue offers primary care and family medicine services. Full-service ER and other hospital services are available at Ochsner Baptist Medical Center on Napoleon Avenue and Ochsner Foundation Clinic & Hospital on Jefferson Highway.

Elmwood Fitness Center is more than just a health club. Because one workout plan doesn't work for everyone, Elmwood offers the largest variety of fitness programming in the area. The weight rooms house 6 lines of weight equipment, and each of the more than 70 pieces of cardio equipment has a built-in television screen. Try a group fitness class – Elmwood offers more than 100 each week. Plus indoor/outdoor swimming with over 20 lap lanes, racquetball courts, indoor track, Kidsport, childcare and cafes. Their full time nutritionist will be at the healthfair to answer all your questions.

Ochsner Hospital Blood Bank Give the gift of life. Hosted by Ochsner & Place St. Charles, all donors for this blood drive will receive a Blood Bank t-Shirt, plus a mini physical, cholesterol test and blood type. You are encouraged to eat a healthy meal before donating and please remember to bring a picture ID. Also, individuals taking medication for high blood pressure or cholesterol CAN donate.

The New Orleans Jewish Community Center is a state-of-the-art fitness center and pool, a pillar of New Orleans early childhood education,

Enjoy a healthy lunch at the Balcony Cafés... Easy on your wallet *and* your waistline!

11th ANNUAL **Healthy lifestyle EXPO**

a fun-filled summer day camp and so much more. It is a place for adults to take an exercise class, an art class or dance class. A place for children and teens to experience learning through enrichment classes, sports leagues, family activities and summer camps. The JCC is a Jewish place, built on Jewish values, where everyone is welcomed.

Everybody and **Luxe Body** are New Orleans’ only all natural skincare and endermologie studios. Offering the most effective products and treatments to rid your skin of cellulite, photo damage, sun spots, acne and fine lines. Lipomassage conditions your skin, speeds up fat burn and reduces the appearance of cellulite. Their non-traumatizing skin peels and facials are designed to nourish your skin from within leaving your with a healthy glowing complexion!

The Legacy Donor Foundation is a non-profit organization providing education and public awareness activities about organ donation. There are currently over 111,000 people waiting nationwide for a transplant, over 1,800 here in Louisiana. One donor can save 9 lives, restore sight to 2 people, and heal the lives of 50 more through tissue donation Stop by their table to see what they are doing to increase donor registrations and foster informed family acceptance of the process.

Susan G. Komen for the Cure Today, Susan G. Komen for the Cure is the world’s largest grassroots network of breast cancer survivors and activists fighting to save lives, empower people, ensure quality care for all and energize science to find cures. Over the last 29 years, Komen has invested over \$1.5 billion in research, education and health services playing a critical role in every major advance in the fight against breast cancer. Transforming how the world talks about and treats this disease, Komen has helped turn millions of breast cancer patients into breast cancer survivors. Celebrate their 15th Anniversary at the New Orleans Race for the Cure on Saturday, October 22nd at City Park! The Komen New Orleans Race for the Cure is more than an event for runners. It is an extension of Komen’s Promise to save lives and end breast cancer forever. It is an opportunity to celebrate survivors and honor friends and family who lost their lives to breast cancer. The service area of the Komen New Orleans Affiliate includes Orleans, Jefferson, Plaquemines, St. Charles, St. John the Baptist, St. Tammany and Washington Parishes.

All American Chiropractic With locations in New Orleans, Covington and Hammond, the All American Chiropractic clinics offer a wide variety of state of the art and time honored diagnostic testing to completely and accurately diagnose your problem. Led by Dr. Chip Curtis and specializing in sports injuries, the individually designed exercise programs help patients return to maximum function.

Rodan & Fields Dermatologists Changing skin, changing lives. Founded by world-renowned dermatologists Dr. Katie Rodan and Dr. Kathy Fields, the creators of Proactiv® Solution, Rodan + Fields’ patent-pending AMP MD™ System makes real results possible at home without injections or other invasive procedures. The AMP MD System and ANTI-AGE Regimen were featured on the NBC Today Show as a “Must Have Anti-Aging Product for 2011. Achieve your best healthy-looking and healthy-acting skin from head to toe with Rodan + Fields new skincare ESSENTIALS. All of these products and more will be available from independent consultant Kaci Core as she brings anti aging skincare innovations to everyone Place St. Charles!

Place St. Charles’ mission is to help build healthier lives within our work environment. A healthier you leads to a healthier family, and a healthier community. Please join us for this FREE Expo, Wednesday, July 20 and Thursday, July 21 from 10am to 2pm around the fountain on the first floor. For information, call (504)524-4444. This event is FREE and open to the public.



Group Exhibition “Street Children”
EXHIBITION JUNE 1- AUGUST 1, 2011



This group exhibition features extremely vulnerable children and youth from the Zambian area of Africa who have been deprived of family care and protection. These children live on the streets of an impoverished nation but have been given a refuge in the Lubuto Library Project, where they are finding self-confidence, positive reinforcement, opportunity and a new-found hope to improve their lives, through art.

We will feature approximately fifty unstretched canvases, offering a glimpse of their world as well as some of their hopes and dreams.

Stella Jones Gallery will make these works available at very reasonable prices, with ALL proceeds going to the Lubuto Library Project so that they might continue to transform the lives of abused, neglected and/or exploited African children.

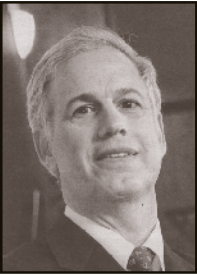
GALLERY HOURS: M-F 12-6, Sat 12-5, or by appointment. Call Stella Jones Gallery at (504)669-7071 or (504)568-9050.

Leadership IN LAW

Place St. Charles is proud to list the many tenants that were included in the CityBusiness Leadership in Law Class of 2011. CityBusiness’ Leadership in Law program, now in its seventh year, recognizes the area’s 50 leading legal professionals based on their professional and community achievements. Place St. Charles’ honorees include...



Hank Arnold
Baker, Donelson,
Bearman, Caldwell
and Berkowitz
shareholder



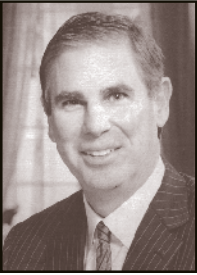
Bob Burvant
King, Krebs
and Jurgens
member



Alida Hainkel
Jones, Walker,
Waechter,
Poitevent,
Carrère
and Denègre
partner



Amelia Koch
Baker, Donelson,
Bearman,
Caldwell
and Berkowitz
shareholder



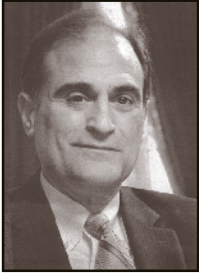
Michael Riess
Kingsmill Riess
founding
partner



Timothy Scott
Fischer and
Phillips
partner



Robert Stefani
King, Krebs
and Jurgens
member



Charles Stern
Steeg
Law Firm
member

Attorney ANNOUNCEMENTS



Jon F. “Chip” Leyens Jr. has joined the New Orleans office of the law firm of Baker, Donelson, Bearman, Caldwell & Berkowitz, PC. Mr. Leyens, who joins as shareholder, concentrates his practice on commercial real estate leasing and development and business financing. He represents numerous companies and individuals, including both lenders and borrowers, in a wide spectrum of commercial transactions, including leasehold development and financing, securitized transactions, asset-based financing, bond loans, public-private cooperative endeavors and utility development matters. Mr. Leyens has been recognized as a leading real estate attorney by The Best Lawyers in America®, Chambers USA: America’s Leading Business Lawyers and Louisiana Super Lawyers. A 1993 graduate of Havard Law School and a 1987 magna cum laude graduate of Amherst College, Mr. Leyens has served as chair of the American Bar Association’s Green Leasing Task Force and its Warehouse and Industrial Leasing Committee and is a member of the Board of Zoning Adjustments of the City of New Orleans.

Baker, Donelson, Bearman, Caldwell and Berkowitz has named Robert Wollfarth, Jr. of counsel.

Harold Flanagan, of Flanagan Partners, has announced his retirement from the U.S. Marine Corps Reserve after 26 years of service including 10 years in active duty.

Gordon, Arata, McCollam, Duplantis and Eagan has named Phil Antis, Christopher Bailey, Ashley Green and G. Keyes Page members of the firm, Daniel Finch and Jane Jackson associates and Frank Simoneaux of counsel. In addition, Mr. Simoneaux was recently re-elected as Chair, Louisiana Board of Ethics. Phil and Jane practice in the Commercial Litigation Group in the New Orleans office. Chris, Ashley and Daniel, in the firm’s Lafayette office, have practices concentrated on energy matters. Keyes, is in the firm’s Houston office, focuses on real estate, finance, and banking. Frank, in the Baton Rouge office, focuses his practice on alternative dispute resolution and oil and gas matters.

Jones, Walker, Waechter, Poitevent, Carrère and Denègre has named Marjorie McKeithen a partner. They have also named Keith Colvin and Susan Tyler special counsel and Jeffrey Good an associate in the firm’s real estate practice group.

The National Fulbright Association has elected Patricia Krebs, memeber of King, Krebs & Jurgens, President.

Zat’s a wrap!



It’s time for a fresher, healthier lunch from caféZizzi, the newest addition to Place St. Charles Balcony Cafés! Chef/ Owner Toni Daniels has been in the business of delicious lunches for over 35 years. She owned and managed the River Grille in Canal Place until 2008. Her latest and freshest concept, caféZizzi is now open, next to Sir Gyro, just in time for the Healthy Lifestyles Expo! “Place St. Charles is a great location”, says Toni.

Offering a selection of over 45 different fresh veggies, exotic garnishes, specialty toppings and zinful sauces, caféZizzi’s concept is to let the customer individually create a delicious healthy lunch from these fresh ingredients, homemade sauces and daily vegetarian choices.

First, either select one of the Zizzi signature specialties or create your own. Next, decide how you want to enjoy it. You can have Toni’s fresh new concept prepared in 5 different ways... 1) try it as a lettuce wrap or 2) a tortilla wrap, 3) on a salad, 4) top off a baked sweet potato or 5) top off a grilled quezadilla! The choice is yours. Last, choose your filler... Smoked brisket, grilled chicken, pulled pork, grilled shrimp, or vegetarian. Finally, add your garnishes and sauces and... Voilà!

A sampling of the signature Zizzi picks include Z-Club of Clubs, a delicious twist to the regular favorite, pulled pork, smoked brisket, jack and cheddar, crispy bacon topped with spicy honey horseradish sauce. Or taste the Zoprano, grilled shrimp or chicken with basil pesto, mozzarella, kalamata olives, roasted peppers, feta, green onions and a ranch sauce. On the lighter side, caféZizzi offers a variety of fresh and tasty salads; choose from a Greek brisket, orzo wheat pasta, Asian slaw, grilled chicken or grilled caesar chicken.

Serving lunch Monday through Friday, 10:45am til 3:30pm. To Zip in & Zip out, call 504-529-5788 or email: cafezizzi@gmail.com. Catering available for business meetings, office parties and luncheons.

The Balcony Cafés offer other healthy alternatives such as a traditional Greek salad with black olives, red onion, tomato, cucumber and feta from Sir Gyro or the new Lunch Box Salad (a scoop of tuna or chicken salad on chopped lettuce, tomato, avocado and grapes) from Steve’s Diner. Hotsy’s serves a Veggie Burger dressed with cheese on a whole wheat bun, hold the mayo please. A good choice from Lee’s Dynasty is sauteed chicken or shrimp with a double serving of steamed veggies. Papa’s Pizza has a large salad bar with everything from fresh broccoli, cucumber, bell pepper and carrots to hard cooked egg, cheese and croutons. They offer oil and vinegar so you don’t fall into the dressing trap. At St. Charles Noodle, soup is the word. Phò Bò (chicken) or Phò Gà (beef)... delicious rice noodle broth, add bean sprouts, basil, lime and jalepenos. The Purple Cactus’ grilled Steak Salad has Romaine and tomatoes and homemade blue cheese dressing. Rick’s Grille made it easy to order healthy... they called it #2 Something Lite - grilled chicken breast, sauteed onions and provolone cheese in a pita pocket. Finally, Koboshi offers edamame and a wide variety of cooked and fresh sushi and rolls. On the first floor, any one of the salads from Terrazu are light and healthy.